



**AFFILIATED WITH THE NATIONAL RIFLE ASSOCIATION
A PUBLICATION OF THE DELAWARE STATE SPORTSMEN'S ASSOCIATION**

**Visit us on the web: DSSA.us
P.O. Box 94, Lincoln, DE 19960**

If You DIDN'T Vote, Here Is What You Voted FOR.

By: Frank Nedza

Before I get started, I want to make one thing perfectly clear. I would like to note that Article 1 Section 20 is **NOT** a Democrat or Republican 'thing', but **IS** a Freedom 'thing', and that DSSA is not defending Democrats **OR** Republicans, but instead is defending our constitutional right as outlined in the Delaware Constitution; "A person has the right to keep and bear arms for the defense of self, family, home and State, and for hunting and recreational use."

That said, these are some of the candidates you helped elect with your indifference –all are candidates/members of the Delaware Democratic Socialist Party, even though they (apparently) fall under the 'Democrat' umbrella.

Sen. Marie Pinkney (SD-13, Bear): Unopposed
Sen. Kyra Hoffner: (SD-14, Smyrna): 52-48%
Rep. Larry Lambert: (RD-7, Claymont): 71-29%
Rep. Rae Moore (RD-8, Middletown): 58-42%
Rep. DeShanna Neal (RD-13, Elsmere): 61-39%
Rep. Sophie Phillips (RD-18, Christiana): 71-29%
Rep. Madinah Wilson-Anton: (RD-26, Bear): 70-30%
Rep. Eric Morrison (RD-27, Glasgow): 53-47%
Rep. Kerri Evelyn Harris (RD-32, Dover): 58-42%

Folks, these are in no way, shape, or form your Father's Democrats –they are not JFK, or Hubert Humphrey, or even Bill Clinton.

If you are unaware of who and what the Democratic Socialists are, take a look here;

<https://www.dedsa.org/about/>

If, after you examine their website, and read what they are about, and don't regret **NOT** voting, well, then, I guess we don't have much to talk about.

BUT; -Your vote **MIGHT** have made the difference.

In Senate District 14, the gap was 593 votes
In Representative District 7, the gap was 2781 votes
In Representative District 8, the gap was 1323 votes
In Representative District 13, the gap was 1194 votes
In Representative District 18, the gap was 2441 votes
In Representative District 26, the gap was 2098 votes
In Representative District 27, the gap was 608 votes
In Representative District 32, the gap was 740 votes

Yes, some of the races were not close at all, but the fact remains that if 11,245 or so more freedom-loving Delawareans had shown up to vote, we could have won ALL those seats. The fact that voter turnout was only 42.68% of ALL eligible voters showed up at the poll, and the fact that Republican turnout was a good bit lower than that indicates that you just don't care about your Article 1 Section 20 rights here in Delaware.

So, if you didn't vote (and maybe even if you did), I guess the old quote by H.L. Mencken is right.

"Democracy is the theory that the common people know what they want, and deserve to get it good and hard."

I think we are in for a wild ride in the next legislative session. I pray that I am wrong.

The History of F-Class High Power Rifle Competition in the USA

By: John C. Sigler
NRA Past President
DSSA Past President**

Many people believe that F-Class High Power Rifle Competition is an American invention – it is not. F-Class High Power Rifle Competition first began in Canada as an outgrowth of conventional Target Rifle which we know here in the USA as either "Fullbore" or "Palma".

F-Class began when an elderly Canadian shooter by the name of George ("Farkey") Farquharson who was no longer physically capable of competing with iron sights, a sling and a

coat, asked his shooting companions if he could shoot with them “out of competition” using a scope instead of iron sights and a front bag instead of a sling, and was given permission to do so.

As other elderly and/or disabled shooters like Mr. Farquharson also began to compete, a new class of shooter evolved and came into existence in Canada, named after Mr. Farquharson, and F-Class was born.

American shooters visiting Canada learned of F-Class, bringing the concept back to the United States with the “Grandfather of American F-Class,” J.J. Conroy, formally introducing F-Class to the American shooting community in an article published in 1998 in the old “Precision Shooting” magazine.

In the year 2000, American and Canadian shooters came together in Canada for the purpose of organizing the first F-Class World Championships which were subsequently held in Ottawa, Canada in 2002.

In 2004, the first United States F-Class National Championships were sanctioned on a “Provisional” basis by the National Rifle Association of America so as to allow the fledgling United States F-Class Rifle Team to qualify under the rules of the International Confederation of Fullbore Rifle Associations (ICFRA), of which NRA America is a member, to participate in the 2005 F-Class World Championships to be held in South Africa.

That first NRA sanctioned F-Class National Championship was held during the month of October 2004, at Camp Butner, North Carolina with NRA Board Member Edie Reynolds (now Fleeman) presenting awards to the winners, one of whom was an NRA Vice President.

It should be noted that your DSSA President, Jeff Hague, shot in that very first F-Class National Championship representing the Bridgeville Rifle and Pistol Club.

Since that first sanctioned national championship in 2004, F-Class competition has grown dramatically in popularity as evidenced by the fact that during the 2022 Southwest Nationals, an NRA sanctioned Registered tournament where both conventional (“sling”) rifle competitors compete on the same range at the same time as the F-Class shooters, F-Class shooters dominated the line during the Long Range Phase with a total of 198 F-Class competitors enjoying their sport versus only 70 conventional “sling” shooters.

Despite the lingering effects of COVID-19, the unusually high cost of fuel of all kinds, the scarcity and exorbitant cost of loading components, and the ever-increasing cost of food and lodging, approximately 184 F-Class Rifle competitors participated in the NRA F-Class Long Range National Championships held at the Ben Avery Range in October of 2022. DSSA and the Bridgeville Long Range Rifle Team were well-represented.

By comparison, attendance at the 2022 NRA Long Range National Championship at Camp Atterbury, Indiana was approximately seventy-six (76) conventional (sling) Long Range Rifle competitors.

The F-Class community proudly traces its lineage back to Creedmoor Long Island where the Irish Riflemen challenged the Americans in the first Long Range Competition in 1874, a tradition that was lost for almost a century and was then renewed in 2009 when the American NRA’s president, writing on behalf of America’s F-Class Riflemen, challenged the Irish NRA’s Riflemen in what has now become the Modern Creedmoor Cup Match, where American and Irish F-Class shooters have competed in Ireland in 2011 and 2015 and in America in 2019, with the American F-Class Team winning all three engagements.

Even though F-Class High Power Rifle Competition derives its heritage from conventional American and International rifle competition, the equipment, targets, rules and philosophy are dramatically different and continue to become even more diverse as the F-Class High Power Rifle discipline evolves and returns to its roots as an international discipline, and as F-Class rifles, ammunition and equipment continue to technologically evolve.

Even within the F-Class High Power Rifle discipline, there is diversity of equipment and categories of rifles. For example, while all F-Class rifles are single-shot bolt-action rifles and most are custom built, the F-T/R Rifles (F-Target Rifles) are restricted to .223 Remington and .308 calibers, cannot weigh more than 8.25 kg. and are fired prone from a bipod and rear bag, as opposed to the F-Open Rifles which may be chambered in any caliber not to exceed .35 caliber, cannot weigh more than 10 kg. and are fired prone from a front rest and a rear bag.

In 2020, NRA sanctioned 298 F-Class tournaments with 4,173 entries and in 2021 NRA sanctioned 445 F-Class tournaments with 5,134 participants. Despite the scarcity of components and through-the-roof costs of fuel and hotels, in the first ten months of 2022, NRA Sanctioned 323 F-Class tournaments with 3,938 participants.

NRA F-Class High Power Rifle has now reached the point where it has proven to be a fully mature and independent shooting discipline, derived from but completely distinct from conventional NRA High Power Rifle as a discipline. A Resolution will soon be introduced for consideration by the NRA Board of Directors at its Winter Meeting in Dallas which, if adopted, will create a new Standing Committee to govern F-Class High Power Rifle Competition independent of the currently existing High Power Rifle Committee.

The F-Class World Championships are traditionally held in an English-speaking country once every four years. The United States hosted the 2013 F-Class World Championships at the NRA Whittington Center in Raton, New Mexico. In 2017 the United States F-Class Rifle Team traveled to Canada to represent the United States in the 2017 F-Class World Championships. The 2021 World Championships were postponed due to COVID-19.

In March of 2023, the United States F-Class Rifle Team will travel to South Africa to represent the United States in what has now become the 2023 F-Class World Championships. I am proud to report that among the firing members representing

the United States will be three (3) DSSA members who are also members of the Bridgeville Long Range Rifle Team – David Kokoszka and George Van Why will shoot on the 4-man Rutland Cup Teams and I will have the honor of shooting on the 8-man World Championship Team. DSSA and the Bridgeville Rifle and Pistol Club will be well represented in South Africa.

F-Class High Power Rifle is among the fastest growing precision rifle disciplines, not just in the United States but throughout the world. I hope that someday you will join us on the range at Bridgeville – come and visit, see what we do, and then join in the fun.

Come shoot with us and compete against yourself – don't worry about winning; that will come with time. Come and shoot that first match, and then come back and beat your first score – that's the kind of success that eventually builds winners.

Don't be shy; any of us will help you. Come join our F-Class family- you'll be glad you did!

** John Sigler became an Honorary Member of the U.S. F-Open Rifle Team in 2004 and has been a firing member of the United States F-Open Rifle Team since 2015 and participated in the 2017 World Championships in Ottawa, Canada. He also shoots with the Bridgeville Long Range Rifle Team and most recently joined Team Berger as a firing member.

In Case you Missed It
Articles Submitted By: Vickie Prickett

Play Stupid Games, win stupid prizes...

<https://www.foxnews.com/us/ohio-homeowner-opens-fire-reported-burglar-hits-suspect-buttocks>

<https://www.fox32chicago.com/news/harris-county-father-shoots-suspects>

<https://www.wlbt.com/video/2022/12/07/woman-shoots-kills-suspected-carjacker-self-defense-north-las-vegas-police-say/>

Now, why do you think they would want to do that?

<https://thereload.com/emails-cdc-removed-defensive-gun-use-stats-after-gun-control-advocates-pressured-officials-in-private-meeting>

Bridgeville Rifle and Pistol Club Goes GREEN!

By: Frank Nedza

It was a long and somewhat torturous journey to get here, but the Bridgeville Rifle and Pistol Club recently 'turned on' its new 22.4kW Solar Energy Generation System.



Last few solar panels going up!

Several members of the Board of Directors have had their eye on a system of this type for a while now (especially Jeff Hague), and it has finally come to fruition.

While the title of this article reads GREEN, the real reason for pursuing this type of system isn't the green you might initially think it is. In our case, that green is the color of money. We believe that this system will WAY more than pay for itself over time, and in a few short years will be actually contributing positively to the Club's financial bottom line, saving our member's dues money for more 'fun' things than the electric bill.

Anyway, let's go on to the details. The system consists of 56 panels, each capable of generating 400 watts under ideal conditions. These panels are divided into two 'strings' of 28panels. Each individual panel has a component called a 'power optimizer' that helps each panel generate power in the most efficient manner possible. As an added benefit, each power optimizer, and therefore each panel, is capable of being monitored for output (as well as other parameters), meaning that we can diagnose any issues to a specific panel and fix it with much less fooling around.

Now, the DC (direct current) power generated by the strings of panels (as high as 600 volts) are fed into 2 separate inverters (one per string), that convert the DC power into useable AC (alternating current) power exactly like we run in our houses.



Two Solar Edge Inverters

Our system uses no batteries for storage, so the power produced by the solar system is either a.) used up as quickly as it is generated, or b.) pushed back out to the power grid via a bi-directional electric meter then into a 25kVa transformer, and out to the formal electric grid. The new power meter can run forwards (when it is nighttime or we use more than we are currently producing with solar), or in reverse, when we are producing more electricity than we need. Even at this time of the year, and even on cloudy/rainy days, the system produces some electricity. Where it will shine though, (no pun intended) is on those long summer days with the sun high overhead. In that scenario the meter will definitely be running backwards and will be in effect a 'bank' of electrical energy that we will draw on at night and in the winter months. At the time of this writing, the system has generated almost 1 million watts of power, and that in only 20 days, of cloudy/rainy/short December days. I am pretty sure that the cost of electricity won't be going down anytime soon, so the importance and economic sense of this solar system will only become more important as time marches on.

Gun Review: Lionheart Industries Regulus – Double Action Plus!

By: Justin Opinion

(as published by GunsAmerica Digest on Nov. 11, 2022)



The Regulus Alpha has an external trigger bar that is partially protected by the G10 grip panel - similar to the Beretta design.

The ambidextrous safety switches are smallish, but easy to reach and function well from either side.

The company known as Daewoo no longer exists. The LH9 handgun was manufactured in South Korea and imported, but Lionheart's new model – the Regulus – is an American domestic product from start to finish. All design and manufacturing is done in the United States. That's great news if "Buy American" is your mantra – not so great if "a penny saved is a penny earned" is more your style. The Regulus is priced at roughly 40% more than its predecessor, depending on the specific models compared.



Lionheart pistols come in a well-made carrying case, with padded and zippable pistol pouch. Cleaning brush, bore brush, lubricant and ample magazine storage loops are all part of the package.



Like the LH9 before it, the Regulus is a very well-built handgun. The frame is made of very strong but ultra-

lightweight aluminum alloy. The handle of the frame wears a nice pair of G10 grips with deep, large diamond checkering. Front and back straps have textured cuts that serve as both grip friction and aesthetic design elements. The trigger guard is still a bit on the smallish side, and narrows as it moves forward. Larger gloved hands might find this a snug fit. Ahead of that is a good length of 1913 spec mounting rail.



The shape of the grip is reminiscent of vintage S&W or SIG semi-autos, a shape that I confess I like very much. So, no surprise then that I will report favorably on the feel and ergonomics of that grip. One the rear of the frame is an ambidextrous set of safety switches, which operate in the “proper” orientation where up is on safe, and down is off safe. They are not terribly wide and they taper quickly going forward – but a few repetitions will train your thumb to use it without much problem. The slide can be fully operated, as can the hammer while the safety is engaged. This is the most effective type of safety design because it allows the user to full load or unload the weapon with the safety engaged.

The Lionheart Regulus is a familiar design. The pistol field strips easily without tools for routine cleaning and maintenance.

The Cerakote finish is extremely resistant to chemicals as well as wear.



Sitting atop the aluminum frame is a slide made of hard tool grade steel. Wearing a matching Cerakote finish it blends perfectly to the frame. Serrations are deep and fairly wide and are cut into the front as well as rear of the slide for operator convenience. The top of the slide is very nicely milled in diamond checker top strap to reduce glare – and to make the gun look fantastic. Inside the slide is a stainless-steel barrel with an elegant black finish and the Lionheart symbol milled into the barrel hood. As tested, the pistol has a threaded barrel, which adds nearly a ¼-inch to its length and includes a very nicely ornamented thread protector. The sights on the

Alpha model are a Novak style rear sight that has a full blackout adjustable rear and a front sight that contains a Tritium® night sight.

That Trigger Tho!

One of the most unique features of the Lionheart handguns is the “Double Action Plus” trigger system. Just like a traditional double-action trigger, the trigger can be used to full cock the hammer (action one) and then release it (action two) to drop the hammer and strike the firing pin. As with nearly all such mechanisms, each subsequent shot will be in single-action because the reciprocation of the slide will re-cock the hammer. Same-old, same-old, right? But there is an interesting twist with the Lionheart design. After being full cocked, the hammer can be manually pushed forward to its rested position. The trigger shoe is also moved forward to its initial position. But, the hammer spring remains under tension! This creates the third (or “plus”) function – allowing the user to pull the trigger and hammer back to the single-action position with nearly no resistance at all. This allows you to quickly prep the trigger to make ready for a shot, or to follow through in one motion for a very crisp and light first shot. Gimmick? Maybe, but if so it’s a cool one! There could easily be a case made for “duty mode” carry of this pistol with the hammer pre-cocked and reset and the safety engaged.

One of the most unique features of the Lionheart Regulus is the “Double-Action-Plus” trigger system.

Rather than “de-cocking” the hammer as other pistols do - the hammer is simply pushed forward, where it is staged for a quick transition back to single-action mode or ready for a light and crisp complete pull.

This photo shows the two trigger positions and hammer positions, including a third intermediate “half-cock” hammer position.



I’ve mentioned the similarity to older handgun models, back when DA/SA was the standard of the day, and the Regulus Alpha has ergonomics that are so akin to that era that it might be difficult to pick out from that group if blindfolded. From me that’s a compliment, because it was in that era that I cut my teeth on semi-auto handguns. To me, that’s what a gun should feel like in the hand. A nicely arched backstrap fits the shape of the grasping hand nicely. Controls are where they are expected to be and they function well.

The finish on the gun is Cerakote®, available in several colors. The finish is very nicely applied, without that “house paint” look that inferior coating jobs can produce. This is a theme in general for the entire gun – fit and finish are excellent, with no noticeable tool marks or cosmetic flaws of any kind. The G10 grip panels are well designed and nicely cut. They provide more friction than the previous Lionheart LH9 series grips, but resemble the same pattern.



The quality and attention to detail shows in every part of the Regulus Alpha.

The Regulus pistols are delivered in a soft-sided carrying case that is well suited for range trips and storage. The case zips open to two halves, with a padded pouch for the pistol (which is delivered in a sealed plastic bag). Elastic loops hold the two provided magazines with room for more. A cleaning brush, lubricant, bore brush and rod, and test-fired cases. And of course, there is the obligatory gun lock and the user's manual. The latter item is my only small complaint. The documentation is in the form of what I am seeing as a disappointing new trend – it is a single large sheet of paper, folded into a small square. Think old-fashioned road map. It is awkward to open, difficult to read, and awkward to re-fold.



SHOOTING THE REGULUS ALPHA

Of course, the real test of any duty-oriented handgun is shooting it. Small ergonomic problems can arise during recoil that went unnoticed when handing the gun empty. The function of the controls like mag release and slide stop/release will be tested. And then of course, there is the function of the gun – does it exhibit any malfunctions, or does it seem to need a break-in? Last but not at all least – how well can I shoot it? Part of that means accuracy, and part means interaction with the pistol's operation.



The sights on the Regulus Alpha are tall enough to accommodate a suppressor. The rear sight is a fully adjustable Novak sight with a fluorescent bar beneath the notch. This helps align to the front sight, which has a Tritium center.

In every category, this handgun is a shooter! I anticipated a good range day, because I know it's a quality gun – but I was not expecting it to be as good as it turned out to be. In the accompanying video, you'll see that I was able to consistently hit 6" steel plates at distances between 12-15 yards with ease. There was never a hint of a malfunction of any kind, and the controls operated exactly as they should. The slide-to-frame fit is slightly loose on the Lionheart, a testament to its purpose as a reliable duty gun. But this does not seem to adversely affect its ability to shoot nice groups. Off-hand shooting produced a 20-round group that was the size of a small fist on paper.

JUST MY OPINION

As I stated up front, I think the Lionheart Regulus pistols are in the boutique category, and that is in no way an insult. Cookie-cutter mass production is nice, but every now and then it's fun to look past vanilla on the menu and treat yourself. The Regulus blends nostalgic design with modern manufacturing, and state of the art materials and finishes. It looks and feels like a well preserved sidearm from 1990, but adds a very interesting trigger system, modern sights and grips, very good ammunition capacity – all in an all-metal package. And on top of all that – it is a shooter! I almost felt like I couldn't miss a target at the range with the Regulus Alpha – and that doesn't happen every day.



The price as tested is \$1,099. There are about a half-dozen models of the Regulus to choose from, all of which have the same basic construction. If you're looking for a handgun that strays from the "me too" path – this is one that you put on the list.

High Power Wrap-Up

By: Frank Nedza

All good things must come to an end, and that is the case for the 2022 High Power Shooting Season. The Bridgeville Rifle and Pistol Club had a pretty good year, hosting 27 days of match shooting between March and November. We had club shooters attending and doing well at other matches all over the country, and some members competing and doing very well outside the confines of the United States as well. One of the nice (and frankly, amazing) things about travelling to other places to shoot is that no matter where you go, you will find old friends there already, and new friends waiting to be met – that's just how we are I guess.

The off season is one to sit down, take stock, think about things that went well (and those that didn't), smile a little about particularly good matches and good times spent with friends, and then get to prepping brass for next year ☺.

I want to thank everyone who attended our matches in 2022, with a special THANK YOU to those who helped with all the work that goes into running a match; -set-up, tear-down, and everything in between. I am already looking forward to seeing you all again in 2023.

I also want to take a moment to wish our F-Class friends the best of luck in South Africa! I am sure you will have an amazing experience there, and know you will represent Bridgeville very well. May all your bad shots be 10's!

Bridgeville Rifle and Pistol Club is tentatively scheduled to begin our Highpower Season in April, 2023. Keep an eye on the website for a schedule to appear.

On a separate, but perhaps interesting note, the HEXTA electronic targets that Bridgeville Rifle and Pistol Club has used since June of 2017 have amassed a total of **275,090 RECORD** shots (not counting practice shooting). That's a 'hole' lotta shots downrange! In fact, that is 54,020 shots in 2022 alone, which roughly translates to about 820 individual match shooters last year.

ANNUAL MEMBERSHIP MEETING

The 2022 Annual Meeting of DSSA Members will be held on Sunday, January 22, 2023, at the FOP Lodge #3, located at 1584 Kitts Hummock Road, Dover, DE 19901.

Kitts Hummock Road is the first exit south of Dover AFB from Route 1, in Dover. This meeting is for **MEMBERS ONLY**. Doors will open at noon. The business meeting will begin at 1:00 p.m. Please come and join us!

PRESIDENT'S CORNER

Well 2022 has finally come to an end. So, what does 2023 look like in the right to keep and bear arms arena. In my opinion, pretty damn good. Perhaps the most momentous court decision in the last 20 years was issued back on June 23, 2022. What is commonly referred to as the **Bruen** decision.

That decision fundamentally changed how courts and legislatures all over the country must look at laws dealing with the right to keep and bear arms. No longer are there tests to determine what type of scrutiny to apply to a case. Levels of scrutiny are gone.

The fundamental legal analysis in these cases turn on one thing: Is there a historical precedent for the restriction that is being considered. For example, when it comes to semi-automatic rifle bans, was there any restrictions on those types of firearms back when the 2nd Amendment was adopted? If not, the current law must fail.

I believe the **Bruen** decision will have an enormous impact on the two lawsuits that DSSA filed in the last half of 2022. One of the cases deals with semi-automatic bans and magazine capacity restrictions and the other deals with purchasing of firearms by those under 21. There is not historical precedent for any of these types of restrictions in the United States or in Delaware. That being the case, we should prevail in both cases.

Both of these cases are now in U.S. District Court for the District of Delaware. The state of Delaware, at a late hour, requested that the case dealing with under 21 purchases be transferred to District Court. This tactic is just one the state is using to try and delay responding to DSSA's complaint. However, I believe we will prevail. Let me also again thank everyone for their support in this effort.

Now, what is in store at the Puzzle Palace, otherwise known as Legislative Hall, beginning January 11, 2023? It is hard to say. At the minimum I would bet that the "Permit to Purchase" bill will rear its' ugly head again.

I also believe there will be fundamental changes to the Concealed Carry law due to the **Bruen** decision. DSSA will definitely be active in trying to make sure we get what we are entitled to.

Some of you may remember that DSSA was instrumental in getting substantive reform of the background check system here in Delaware by virtue of the FTAP (Firearm Transaction Approval Process) legislation. To date, there have not been any updates available. We will keep you posted.

Have a Happy New Year, get out and enjoy exercising your right to keep and bear arms.

Jeff Hague.